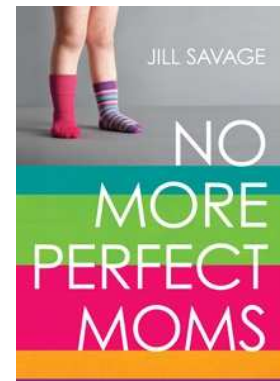


No More Perfect Moms

Chapter 7 Discussion Questions

No More Perfect Days



Dig Deep

- 1) Which best describes you:
 - a. A type-A get-it-done-mom who likes her ducks in a row?
 - b. A creative, spontaneous who enjoys flexibility?
- 2) How flexible are you? Can you “roll with the punches” or do you more often find yourself frustrated when plans change?
- 3) Would you label yourself as a “distracted mom?” Why or why not?
- 4) Do you have enough margin in your life to have the pace and space to allow real life to happen?
- 5) What is one thing you highlighted/noted as you read this chapter? Why did it strike you as important?

Apply (choose one or all)

- 1) Can you share a time when you “expected the unexpected?” Brainstorm some practical ways you can prepare for the unexpected?
- 1) Choose one of the “margin minders” on pages 136-138 that you need to implement in order to keep “white space” in your life.
- 2) Select one antidote on pages 140-143 you will apply this week. Brainstorm some practical ways you can apply the antidote this week in order to embrace your imperfect days.

Pray

Father God, help us to see that motherhood is the “ministry of interruption.” Show us how to recognize the opportunities to love on whoever is standing in front of us. Help us to let go of control and to trust you more each day. Help us to embrace “what is” and let go of “what is not.” May we find joy in both the planned and unplanned moments of life. In Jesus' Name. Amen.